

## **VIGNETTES**

### **Factory Reset**

Looking out my front door and my neighbor was getting into his car. We started talking, me inside my unit, he inside his car. We are of the boomer era and both felt like there had been a factory reset done to us with a major upgrade following that we knew nothing about the new terms and conditions.

### **Morning Walk**

Walking along my track as I usually do at 6am and a woman was walking towards me. I stepped onto the bitumen road to avoid her and her breath. I felt bad I put my hands together in prayer fashion saying, "I'm so sorry this feels very rude to my way of thinking". She assured me its ok. My heart didn't agree.

### **Afternoon Walk**

At last we were free to pass each other on our walks. A young couple overtook me on our walking path, and I said, "isn't it lovely that we are free to walk around?" The husband said, "did your husband let you out?" I said, "I don't have a husband but Covid is like having an invisible husband, you never know when he's going to turn up and go viral." We all laughed, probably a little too loud.

### **Plants**

I became very sensitive to nature. I started sprouting food seedlings and posting on Buy Swap for free to encourage people to grow their own food. The response was heartwarming, and many nourishing conversations were had that lifted my and the buyers spirits. A sense of community was strong.

### **Indoor Garden**

Leaving my front door open in my unit and increasing my indoor garden created a live nature environment for myself, so much so that butterflies would coming in, have a look and stay. My best day was 5 butterflies that needed catching and putting outside before I locked my door. The most heart

warming visitor was a bird who flew through the front door, did a lap of the lounge room and flew tight out after I stood up to turn of the fan.

A few weeks later, butterflies began circling around my front door waiting for me to open up and this still happens today. Its tender, Its sweet.

### **POEM**

Coronas a virus I know  
I can tell you it's not in my toe  
On its arrival  
It did go viral  
And now I have nowhere to go

